

# Unsheltered: Navigating California's Homelessness Crisis

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This paper presents a comprehensive exploration of the complex phenomenon of homelessness in California, with a specific focus on the state's three largest cities—Los Angeles, San Francisco, and San Diego. Against the backdrop of a high cost of living and a housing market strained by insufficient affordable options, the multifaceted nature of social diversity further complicates the landscape, leading to a widespread presence of homelessness that spans both major urban centers and rural regions. Through an in-depth examination of the distinct challenges confronting each city, ranging from housing shortages to intricate social dynamics, this study seeks to illuminate the underlying factors driving homelessness and identify potential avenues for intervention. Moreover, the paper delves into the unique vulnerabilities experienced by certain demographics within the homeless population, including veterans, families with children, and LGBTQ+ individuals, highlighting the critical need for targeted solutions tailored to their specific needs. By synthesizing existing research and incorporating firsthand accounts, this research endeavor aims to contribute to a deeper understanding of homelessness in California and inform the development of comprehensive strategies aimed at fostering inclusive, sustainable communities statewide.

Keywords: homeless, California, veterans, children, LGBTQ

# Introduction

Homelessness, a perennial challenge affecting nations worldwide, transcends mere lack of shelter, as defined by Canadians (Kaltsidis, 2020). It encompasses a complex web of social exclusionary factors that exacerbate poverty, erect barriers, and curtail opportunities for full societal participation. From individuals to entire communities, the experience of homelessness is multifaceted; each person's journey is unique in its struggles and nuances. Recognizing this diversity is paramount in crafting effective solutions, as no singular approach can adequately address the multifarious needs of all communities. Thus, a comprehensive strategy must embrace a spectrum of interventions tailored to local contexts, acknowledging the intricate interplay of economic, social, and systemic factors contributing to homelessness. Only through such nuanced and inclusive

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approaches can meaningful progress be made in mitigating this pervasive societal issue and ensuring the fundamental right to safe, stable housing for all.

Homelessness remains a pressing issue in California, disproportionately affecting a significant portion of its population. Research indicates that while men constitute a majority of the homeless demographic, women also face unique challenges contributing to their homelessness, such as drug abuse (Rodriguez-Moreno, Vázquez, Roca, & Panadero, 2021; Shahana et al., 2024). The United States Department of Housing and Urban Development's findings underscore the severity of the problem, with approximately 181,399 individuals experiencing homelessness in California at the beginning of 2023, representing over a quarter of the nation's homeless population. Despite California's population accounting for less than 13% of the total U.S. population, the state's homelessness figures are notably higher (see Figure 1) (Dunton, Khadduri, Burnett, Fiore, & Yetvin, 2020). Moreover, California leads with the highest per capita rates of homelessness with over two-thirds of its homeless population being unsheltered, living in cars or on the streets (Aubry et al., 2020; Rana, Hasan, Sobuz, & Tam, 2022). This prevalence of unsheltered individuals is unmatched by any other state. The insecurity of available shelters is evident, with a staggering 90% of homeless adults reporting at least one night spent unsheltered in the past six months. This crisis disproportionately affects men, comprising 70% of the homeless population in California, while women constitute 29%, highlighting the urgent need for comprehensive solutions to address homelessness across genders in the state.

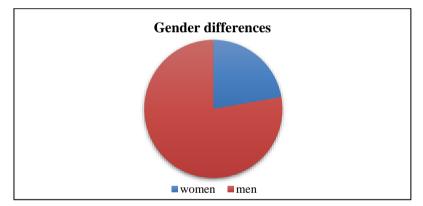


Figure 1. Homeless demographic of gender differences (Dunton et al., 2020).

The pervasive issue of homelessness casts a daunting shadow over the landscape of California, painting a bleak picture of societal neglect and systemic failure. Beyond the tangible absence of shelter, it erodes the very foundations of human dignity, depriving individuals of stability, security, and the basic sense of belonging. In the harsh reality of life on the streets, health risks loom large, with both physical ailments and mental anguish taking a heavy toll on those already teetering on the edge of survival (D'Souza, O'Mahony, & Achoba, 2022; Rana, Hasan, & Sobuz, 2022). Yet, the challenges run deeper than mere material deprivation; they stem from a web of intersecting factors, including poverty, inadequate social support systems, and systemic injustices. As the state grapples with the complexities of this crisis, it must confront uncomfortable truths and embrace bold, holistic solutions that prioritize the well-being and inherent worth of every individual. Only through collective action, informed by empathy and driven by a commitment to justice, can California begin to dismantle the barriers that perpetuate homelessness and pave the way towards a future where everyone has a place to call home.

As homelessness in California is a complex issue driven by factors like housing affordability, mental health challenges, and systemic inequalities, this study aims to discuss it from its origin to its challenges to notable cases and possible solutions. Its goal is to comprehensively understand the major problems surrounding homelessness and wellbeing-based strategies for dealing with this critical social concern.

# Historical Background of Homeless in California

The term "homelessness" emerged in the social lexicon of the United States during the 1870s (Gowan, 2010; Sobuz et al., 2024), embraced by social workers grappling with the plight of individuals without permanent residences. Initially, it described a demographic primarily composed of those who roamed in search of employment, their only constant being the transient locations where work could potentially be found. However, beneath this surface explanation lay a deeper truth: the erosion of the traditional concept of home and the loss of loyalty to a fixed abode. For those thrust into this state of precariousness, the comforts and securities once associated with home became elusive luxuries, supplanted by the urgent necessity of survival. The allure of stability, symbolized by the promise of a permanent settlement, clashed with the transient reality of their existence as they navigated a landscape fraught with uncertainty and vulnerability.

The sentiment expressed by certain religious individuals regarding homelessness as akin to being "dead alive, with no aim or purpose" underscores the profound existential challenges faced by those without stable housing (Colburn & Aldern, 2022; Ahmed & Sobuz, 2020; Jabin, Khondoker, Sobuz, & Aditto, 2024). In their advocacy, the provision of affordable housing emerges not merely as a solution but as a moral imperative in an era characterized by transient livelihoods and precarious employment. Reflecting on historical urbanization trends, exemplified by figures like Tonra (2021) and Owens (1998) illuminates the evolving landscape of human habitation. Prior to the 1820s, only a fraction of the populace resided in urban centers, with industrialization catalyzing a rapid migration towards cities like Boston, New York, and Philadelphia. This influx, fueled by aspirations of economic opportunity, also precipitated a surge in vagrancy as individuals sought refuge and employment in burgeoning western territories. Thus, the plight of homelessness is not merely a contemporary issue but a perennial struggle, necessitating sustained efforts to ensure the fundamental human right of shelter for all.

Before the onset of the Industrial Revolution, communities thrived in familial settings on farms, where traditional skills and craftsmanship were practiced. However, the advent of industrialization ushered in an era where individuals became reliant on wages for sustenance, often finding employment under wealthy industrialists. In the mid-1850s, private madhouses in London began to replace public lodging rooms as primary shelters for the destitute, yet the streets of capital cities remained crowded with beggars (Stapleton, 2019; Aditto et al., 2023). This marked the dawn of what would later be recognized as the modern age of homelessness. The root causes of vagrancy in the 21st century are traced back to various factors, including the gentrification of inner-city cores, the deinstitutionalization of the mentally ill since the 1970s, high unemployment rates, the impact of HIV/AIDS, inadequate rental housing, and budget cuts during the Great Recession, which resulted in reductions to social welfare programs (Ngwe & Elechi, 2012). The 1960s saw the formation of civil and personal rights, setting the stage for significant shifts in public perception towards institutions such as hospitals, leading to reduced staffing and services due to advancements in medication and community programs. Efforts were made through legislation like the Social Security Disability Benefits Reform Act of 1984 to address the needs of marginalized groups, yet many social security programs

overlooked such provisions (Miedzir, 2023). Despite available shelters, some individuals chose to evade the law, opting for homelessness over institutionalization.

The HIV/AIDS epidemic of the 1990s precipitated a devastating surge in homelessness rates, particularly in cities like Philadelphia, where the intersection of HIV and homelessness became glaringly apparent (Kuhn, Richards, Roth, & Clair, 2020). Extensive research conducted by dedicated teams delved into the data meticulously recorded and annually reported by the city, revealing a disconcerting trend: the frequent co-occurrence of HIV within the homeless population. This intersectionality exacerbated the suffering of individuals, plunging them into a harrowing cycle of severe mental health issues compounded by substance abuse. For those afflicted with both HIV and addiction to complex substances, the path often led to venues where they sought solace, inadvertently intertwining with others in similar predicaments, thus fostering new amorous affairs. The confluence of these challenges underscored the urgent need for comprehensive support systems and intervention strategies to address the multifaceted layers of vulnerability experienced by those homeless.

## Method

A comprehensive examination of homelessness, utilizing the criteria established by the U.S. Department of Health and Human Services and the National Health Care for the Homeless Council (Batchelor & Kingsland, 2020; Mahmud et al., 2024), defines a homeless individual as one lacking permanent housing, often residing in precarious accommodations such as single-room occupancies, shelters, vehicles, abandoned structures, transitional housing, missions, or in temporary arrangements with friends, acquaintances, or extended family. These changes elucidated evolving dynamics within the homeless population, shedding light on the efficacy of existing support systems and highlighting areas requiring heightened intervention and resource allocation to address the multifaceted challenges faced by those experiencing homelessness.

## The Issue of Homelessness in Los Angeles

The plight of homelessness in Los Angeles stands as a stark reminder of the complex web of social and economic challenges facing not just the city but the nation at large. With an estimated 41,000 individuals living without homes, Los Angeles bears the unfortunate distinction of harboring the highest number of homeless people in the United States (Chopin, 2023). Skid Row, a neighborhood emblematic of this crisis, serves as a visual testament to the struggles endured by those forced to dwell on the streets, with makeshift encampments and overcrowded shelters painting a grim picture of urban destitution. The roots of this issue run deep, intertwining with factors such as skyrocketing rents outpacing stagnant wages, gentrification squeezing out affordable housing options, and systemic barriers faced by marginalized communities. While concerted efforts have been made to address homelessness through initiatives like the Contingency of Homelessness approach and voter-approved measures like Proposition HHH and Measure H, significant obstacles persist. The sprawling expanse of Los Angeles, coupled with decentralized management, poses logistical challenges in delivering effective services and housing solutions. Moreover, resistance from certain segments of the community further complicates matters, highlighting the need for continued advocacy and collaboration to ensure that all Angelenos have access to stable housing and support services.

## The Issue of Homelessness in San Francisco

Homelessness in San Francisco reflects a complex intersection of economic prosperity and social inequality. Despite the city's booming tech industry and picturesque urban landscapes, the stark reality is that

over 8,000 individuals find themselves homeless, living in encampments scattered across streets and parks. This issue stems from a combination of economic disparity, unaffordable housing, and a lack of adequate mental health and substance abuse resources (Lee & Hu-Au, 2021; Sobuz et al., 2024; Ahmed & Sobuz, 2011; Li et al., 2024). The Tenderloin district, situated in downtown San Francisco, serves as a microcosm of the city's homelessness crisis. Here, amidst a concentration of single-room occupancy hotels and supportive facilities, many individuals seek refuge from the harsh realities of life on the streets. However, the district also embodies the challenges faced by those experiencing homelessness, including chronic substance abuse, mental health issues, and cyclical poverty.

San Francisco has taken steps to address these challenges through initiatives such as Navigation Centers, which offer temporary shelter and support services. However, the underlying issues persist, exacerbated by the city's exorbitant housing costs and a dearth of resources for mental health and substance abuse treatment. The COVID-19 pandemic has further magnified these challenges, placing additional strain on homeless services and housing resources (Caul, 2020). In response, policymakers are grappling with difficult decisions aimed at increasing investments and enacting policies to alleviate homelessness.

Ultimately, addressing homelessness in San Francisco requires a multifaceted approach that addresses root causes, such as economic inequality and housing affordability, while also providing comprehensive support for mental health and substance abuse issues. Only through concerted efforts and collaboration can the city hope to make meaningful progress towards ending homelessness and ensuring a more equitable future for all residents.

### The Issue of Homelessness in San Diego

San Diego, renowned for its sunny weather and scenic beaches, grapples with a pressing issue of homelessness. With over 8,000 individuals experiencing homelessness, areas like downtown San Diego and the Midway District are focal points. The crisis stems from a dearth of affordable housing, limited shelter capacities, and gaps in psychiatric and substance abuse treatments. High living costs and scarce affordable real estate exacerbate the problem, pushing many into homelessness due to low wages, unemployment, or health issues. Moreover, the allure of favorable weather and beachfront attractions attracts homeless individuals from other regions, further straining local resources. Downtown San Diego, particularly the East Village, bears the brunt of the homelessness crisis, with sprawling homeless camps dominating streets and sidewalks. The lack of accommodations and social support exacerbates the situation, leading to conflicts between homeless individuals and businesses over shared spaces. Law enforcement interventions are common, adding to the complexity of the issue. Despite the city's approval of numerous programs, including the Housing First model prioritizing permanent housing, challenges persist. High housing costs, overcrowded shelters, and gaps in mental health and substance abuse treatments remain pressing concerns.

Efforts to address homelessness in San Diego involve various stakeholders, including the Housing Commission, nonprofit organizations, and community associations. These entities collaborate to provide housing programs, rental assistance, and essential services to homeless individuals. However, the persistence of high housing costs, overcrowded shelters, and conflicts over public spaces underscore the need for continued investments in homeless services and community involvement. Only through sustained efforts and collaborative approaches can San Diego effectively address its homelessness crisis and provide support to vulnerable populations. The state of homelessness in California is depicted in Figure 2.



Figure 2. Overall picture of homeless in California.

### Findings

# **Current Statistics and Trends**

The latest HMIS data for 2023 concerning homelessness in California underscores a pressing need for comprehensive action from policymakers, advocates, and communities alike. With a concerning 7.5% increase compared to the previous year, the total number of individuals experiencing homelessness has surged to 185,000, signifying a distressing deterioration in the situation (PPIC, 2024). Particularly alarming is the rapid growth among those in unsheltered status, indicating a critical need for targeted interventions. Major cities, including San Francisco, Sacramento, and Oakland/Alameda, have witnessed significant spikes in homelessness, necessitating urgent and tailored responses to address local challenges effectively. While there has been a 3.5% increase in sheltered homelessness statewide, efforts to transition individuals off the streets have shown promise. So, regions like San Bernardino and San Diego have experienced staggering jumps of 29.1% and 17.96%, respectively, hinting at potential deficiencies in shelter capacity (PPIC, 2024; Ahammad et al., 2023). Notably, variations in homelessness trends, such as the decline in Fresno/Madera and San Francisco, may reflect differing community priorities. These findings underscore the imperative for collaborative and strategic approaches to tackle the multifaceted issue of homelessness in California.

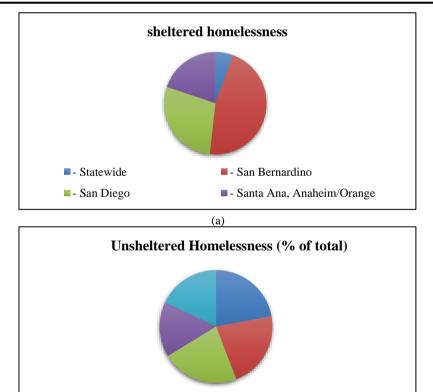
The persistently high rates of unsheltered homelessness in key urban centers across California, such as San Jose, Santa Clara, Los Angeles, and Contra Costa, demand urgent attention and concerted action. Even in cities like San Diego, where the unsheltered rate is comparatively lower at 50%, the sheer number of individuals experiencing homelessness underscores the gravity of the issue. The prevalence of people forced to sleep on the streets due to the absence of permanent shelters paints a stark picture of the widespread nature of homelessness in the state. Addressing this crisis necessitates a multifaceted approach that prioritizes the expansion of low-cost housing options, provision of essential services to meet basic needs, and implementation of evidence-based strategies for homelessness prevention and intervention. Crucially, fostering collaborations

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between government entities, nonprofits, businesses, and community stakeholders is imperative to mount a comprehensive and compassionate response to the plight of homeless individuals. Only through collective effort and unwavering commitment can we begin to effect meaningful change and uphold the dignity of all Californians. Here Table 1 and Figure 3 show the ratios of sheltered and unsheltered homeless scenarios in different places of California, whereas Table 2 shows the overall homelessness.

# Table 1

Unsheltered homelessness	Percentage	Sheltered homelessness	Percentage	Unsheltered homelessness (% of total)	Percentage
Statewide	9.4% increase	Statewide	3.5% increase	San Jose/Santa Clara	70%
Major city CoCs	12.8% increase	San Bernardino	29.1% increase	Los Angeles	70%
San Francisco	2,300 additional	San Diego	17.9% increase	Contra Costa	70%
Sacramento	2,300 additional	Santa Ana, Anaheim/Orange	12.5% increase	San Diego	50%
Oakland/Alameda	2,300 additional	Fresno/Madera	Decrease	Sonoma	57%
-	-	San Francisco	Decrease	-	-



■ - San Jose/Santa Clara ■ - Los Angeles

- Sonoma

(b) Figure 3. (a) Sheltered homelessness (b) Unsheltered homelessness.

- San Diego

- Contra Costa

Table 2			
Overall Homelessness			
Aspect	2023 count	Change from 2022	
Overall homelessness	185.000	7.50%	

#### **Demographic Profile of Homeless Population in California**

Homelessness is a pressing issue in the United States, particularly acute in California. Statistics from January 2019 show a nationwide rate of 27%, with California experiencing a 22% increase in homelessness over the past decade. Between 2018 and 2019, there was a 16% rise in makeshift shelter living. All 43 of California's Continuum of Care agencies reported an increase in homelessness rates, emphasizing the widespread nature of the problem. Additionally, 72% of homeless individuals spend their time exposed to the elements, indicating the urgent need for effective solutions.

The plight of homelessness in California casts a sobering shadow over the state, where more than half of the nation's homeless population grapples with despair and isolation. Among them, the unsheltered homeless face heightened risks of health challenges, violence, and chronic homelessness. Their encounters with law enforcement and emergency services underscore the magnitude of their struggles, with over 28% being chronically homeless. Gender disparities reveal a skewed demographic, with males comprising 65%, females 33.4%, and the remaining 1.2% defying traditional gender categorizations (Bowen & Capozziello, 2024; Rana, Hasan, Sobuz, & Sutan, 2021). These statistics, while small in number, demand urgent community action to foster safety and acceptance. The state's housing crisis exacerbates the issue, with a shortfall of 1.4 million affordable dwellings in 2019, exacerbated by sluggish construction rates since the 1990s, particularly evident along the Bay Area's shores. Addressing this multifaceted challenge requires concerted efforts across governmental, societal, and humanitarian fronts to ensure that every Californian has access to secure housing and the support they need to rebuild their lives.

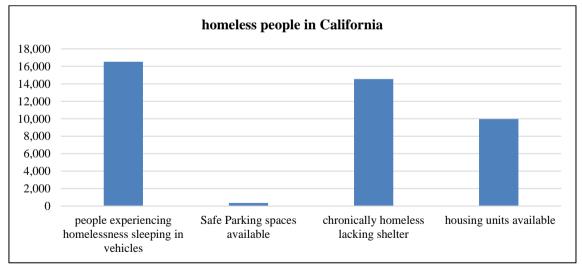


Figure 4. Demographic trend of homeless people.

The widening gap in housing affordability across metropolitan areas underscores systemic disparities, particularly impacting marginalized groups like Black communities. In Los Angeles County, where 16,528 individuals sleep in vehicles but only 354 Safe Parking spaces exist, the crisis is acute. With just 9,960 units

available for 14,537 chronically homeless individuals, the shortage exacerbates the issue. Looking ahead, a projected 5% increase in the population aged 65 and older by 2030 foreshadows a 103% rise in homelessness among this demographic. Urgent, equitable solutions are imperative to address this multifaceted challenge. Figure 4 exhibits the demographic trend of homeless people.

# Discussion

## **Factors of Homelessness**

Followings are several factors for homelessness.

Economic factors: California's economy, influenced by monetary factors, perpetuates poverty and joblessness, exacerbating housing insecurity and homelessness. Economic recession and job loss can result in hard times, other financial problems, and the problem of having an inadequate place to live (Colburn & Aldern, 2022; Akid, Wasiew, Sobuz, Rahman, & Tam, 2021).

Housing market dynamics: The homelessness epidemic in California is fueled by the combination of high housing costs and a lack of affordable housing options (Colburn & Aldern, 2022). Vulnerable people are pushed to breaking point by zoning restrictions, discriminatory policies, and economic inequities that exacerbate the problem. Policies must prioritize boosting the supply of cheap housing, defending the rights of renters, and promoting fair access to housing in order to address this. A more equitable housing market can be fostered, and homelessness can be reduced by implementing policies like inclusionary zoning and rent regulation.

Social factors: Family dissolution and domestic violence significantly contribute to homelessness in California. When family bonds break down, or individuals face abuse at home, they may lose housing and financial stability (Carraher, 2022). To address these issues, a multifaceted approach is necessary, including trauma-informed support services and affordable housing development. Collaboration between social services and community organizations is essential for preventing homelessness and ensuring residential security for all Californians.

Health issues: Homelessness in California is intricately linked to mental health challenges and substance abuse. Many lack access to essential services, exacerbating their struggles and hindering stability. Stress amplifies existing mental health issues, while substance abuse compounds these challenges. Addressing homelessness requires integrated healthcare and housing support, tailored treatment programs, and increased access to supportive housing options. Collaboration among various stakeholders is essential for prioritizing dignity and well-being and achieving lasting solutions.

Legal and policy factors: Legal and policy issues, such as criminalizing homelessness, complex eviction laws, and inadequate housing policies, have worsened the homelessness crisis in California. These factors disproportionately affect homeless individuals, perpetuating their poverty and lack of housing (Baynard, 2021; Amon, Hasan, Hugenberg, Bertenthal, & Kapadia, 2020). Limited access to legal services further compounds the issue by leaving many without the resources to secure stable housing. Addressing these systemic issues through policy reform and increased legal aid is crucial to effectively combat homelessness in the state.

#### **Challenges Faced by Homeless individuals**

In California, homelessness persists due to a convergence of economic, social, and policy factors, resulting in a disenfranchised population grappling with a myriad of challenges. These include meeting basic physical needs, navigating social order and safety concerns, managing psychological illnesses and substance abuse, accessing meaningful employment and education, and confronting pervasive prejudice and isolation (Seelos, 2021; Jakhrani et al., 2012).

Fundamentals: Addressing homelessness in California requires a holistic approach centered on providing access to housing, healthcare, and basic needs while combatting discrimination and fostering community support. This entails increasing affordable housing options, expanding emergency shelters, and implementing anti-discrimination laws. Through collaborative efforts, we can ensure dignity and safety for all individuals experiencing homelessness in our communities.

Mental health functions and drug addiction disorders: Homelessness in California is deeply intertwined with mental health and substance abuse issues, affecting at least 25% with severe mental illnesses and 40-60% with addiction (Shindehite, 2022). However, access to tailored care is lacking, perpetuating a cycle of vulnerability and hindering pathways to stability. A holistic approach is essential, integrating mental health care, substance abuse treatment, and housing assistance to effectively address the complex needs of this vulnerable population and facilitate their reintegration into society.

Education and employment sectors: Homelessness in California presents formidable barriers to employment and education, with 40% of the homeless population lacking jobs compared to just 5% of the general populace (Jones, 2000). Discrimination, logistical challenges, and limited resources hinder access to both employment and education. Comprehensive policies are essential to address these issues, including increased funding for adult education, vocational training, and initiatives to combat stigma and discrimination against homeless individuals.

Stigmatization and social isolation: Homelessness in California breeds stigma and social isolation, deepening mental health issues and exacerbating feelings of loneliness. Overcoming this requires education, advocacy, and community engagement to foster empathy and acceptance, ensuring that homeless individuals are embraced rather than marginalized (Schuster, 2022; Hasan, Farabi, Mahmud, Akter, & Hossain, 2024; Abdelnabi, Hasan, & Fritz, 2022; Rahman & Sobuz, 2018).

#### **Strategies to Tackle Homeless Presence**

Housing First approach: The Housing First approach, championed in cities like Los Angeles, San Francisco, and San Diego, recognizes housing as a fundamental human right for individuals experiencing homelessness. By prioritizing immediate access to housing without preconditions like sobriety or participation in treatment programs, this approach addresses the root causes of homelessness more effectively. Through increased funding for permanent supportive programs, including housing subsidies and comprehensive services, these cities aim to provide stable housing and vital support systems, empowering homeless individuals to rebuild their lives with dignity and stability.

Navigation center: Navigation Centers in cities like San Francisco and Lakeland, California, are beacons of hope for the homeless, offering not just shelter but a holistic pathway to stability. These centers serve as comprehensive hubs, providing vital services such as healthcare, mental health support, and job counseling. By addressing the multifaceted needs of individuals experiencing homelessness, they pave the way for a transition to permanent housing, embodying compassion and empowerment in the heart of urban challenges.

Community-based partnership: In California's fight against homelessness, communal partnerships are crucial. Nonprofits, faith-based groups, and community participants collaborate to address needs, identify

service gaps, and advocate for policy changes. Community-based organizations play a frontline role, supported by systematic approaches involving government and other partners. Sustainable financing, affordable housing expansion, and community solidarity are key to effectively addressing this complex issue.

Current policies and programs: A brief account of current federal, state, and city-level policies and programs concerning homelessness. The increasing homeless crisis the state of California has faced is one of the worst in the U.S. So, different programs and policies have been introduced at the federal, state, and local levels to deal with this pressing problem.

Federal policies and programs: The federal government supports homelessness programs through HUD and the VA. Key programs include the Continuum of Care (CoC) Program, enabling housing and social care expansion. The Emergency Solutions Grants (ESG) Program provides grants for emergency shelter, prevention, and rapid rehousing. The Supportive Housing Program for Veterans offers housing vouchers and case management for homeless veterans.

State policies and programs: California's homelessness initiatives include HEAP for emergency sheltering and services, No Place Like Home for supportive housing for the mentally ill, and HDAP for rent support for disabled individuals experiencing homelessness.

Local policies and programs: California local governments deploy Homeless Outreach Teams to aid the homeless, Navigation Centers for immediate shelter and services, and Affordable Housing Initiatives to incentivize affordable unit construction. These efforts target community needs and bolster well-being.

#### Limitations

While these policies and programs represent essential steps in addressing homelessness, they face several effectiveness and limitation challenges:

Fragmentation and coordination: The perspective and operational elements of funding streams and the service delivery systems can create inefficiencies and shortcomings in these services. Coordination is often not taken up by federal, state, and local agencies altogether, leading to the burden of carrying the high cost of duplicate efforts and separated responses from homelessness.

Housing affordability: California's outrageous housing prices and a lack of affordable homes that exist create grave obstacles for homelessness prevention and assistance strategies. Housing programs often are costly, and house construction is not keeping pace with the increasing of homeless people, aggravating the homeless problem.

Service accessibility: Homeless individuals frequently encounter obstacles to getting services, such as no transport, docs, or knowledge of where to obtain these services. Service delivery systems must be easy to use, activate cultural traits, and consider the peculiarities of diverse people with homelessness problems.

Chronic homelessness: Chronic homelessness, officially described as long-term homelessness coupled with a variety of complex needs, which is more challenging to combat, requires ongoing and mid-level support. The gaps in funding for these initiatives may not be enough to offer permanent supportive housing and the wraparound services needed for all the affected population.

Data and evaluation: A small part of data collection and assessment of the impact of homelessness politics and programs permit the present public policymakers to access the actual outcomes of the last actions. More sophisticated data-capturing techniques and outcome evaluation frameworks are worth mentioning to measure program efficiency and are utilized in planning.

# Conclusions

The exploration of California's homelessness crisis has illuminated the profound magnitude of its multifaceted problems and the intricate web of societal factors contributing to its persistence. Beyond the evident lack of shelter, homelessness is deeply intertwined with systemic issues like poverty, unemployment, and inadequate mental health services, all of which perpetuate a cycle of vulnerability and deprivation. The compounding effects of mental illness and substance abuse further exacerbate this complex issue, leaving individuals experiencing homelessness even more marginalized and vulnerable. Legal and social barriers, such as restrictive eviction laws and insufficient support within the criminal justice system, only serve to compound these challenges.

However, amidst the bleakness, there lies a glimmer of hope. California has begun to pioneer innovative solutions to address homelessness, with groundbreaking programs and initiatives emerging to provide holistic support and pathways to recovery. By targeting the systemic roots of homelessness and implementing comprehensive policies that prioritize housing stability, mental health services, and economic opportunities, there is the potential to alleviate the current existential crisis. Crucially, this requires collaborative efforts between government representatives, community organizations, and local residents to create a more inclusive and compassionate society where every individual, regardless of their housing status, can access the support and resources they need to thrive. As California continues to forge ahead with these efforts, there is optimism for a future where homelessness is no longer an insurmountable challenge but a problem that can be effectively addressed through collective action and empathy.

## **Recommendations**

Addressing homelessness in California requires a multifaceted approach focused on both housing solutions and preventive measures. Embracing a Housing-First approach and supportive housing strategies, such as increasing funding for supportive housing and incentivizing landlords to participate, can provide stable housing and essential services to homeless individuals. Additionally, implementing eviction prevention programs and rent stabilization policies can help curb homelessness by addressing underlying issues like eviction and housing scarcity. To tackle the mental health and substance abuse challenges prevalent among the homeless population, integrating services within outreach programs and establishing mobile crisis response teams are vital steps. Furthermore, fostering collaboration and partnerships among governmental agencies, non-representative organizations, and local communities is essential for a coordinated and effective response to the homelessness crisis. By pooling resources and expertise through interagency coordination and public-private partnerships, California can work towards sustainable solutions to alleviate homelessness and support those in need.

## Acknowledgments

Thanks to the Health Management Information Systems (HMIS) for the assistance.

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