

Study on the Traditional Costume of Naxi Nationality

SANG Yue-hua

Yunnan Arts University, Kunming 650500, P.R. China

The Naxi people has a long history and excellent traditional culture. In this study, the author studied the historical background and the traditional culture of Naxi costume. The results of the study are as follows: The progress of productivity is the decisive factor. Totem culture is an important basis for the color selection. The heavy costumes are the result of adapting to the geographical environment.

Keywords: traditional costume, Naxi Nationality, study

Introduction

After thousands of years of evolution, traditional costumes of minorities not only continue to carry the mission of transmitting cultural information of costumes and displaying mutual information of costumes culture, but also embody the historical and cultural language, showing broad and profound social, historical and cultural meaning.

The Naxi ancestors lived in northwestern Yunnan and southwestern Sichuan, they have created splendid Dongba culture, Baisha xile and so on, among which the unique traditional costumes contain rich historical and cultural connotations of the Naxi nationality.

The Progress of Productivity is the Decisive Factor

According to historical records, the Naxi people originated from the Ancient Qiang people, when the Qiang people engaged in simple nomadic production, they learned to domesticate sheep and yaks, etc, so the skins of the stripped sheep and yaks were hung on their bodies to keep out the cold, and the skins of the sheep and yaks became the most important clothing materials. During the Qin and Han Dynasties, it has the technology to make salt and iron, but it is mainly used in production and military activities. At that time, naxi clothing was still dominated by fur products. With the progress of production tools, people began to simply trim the sheepskin and make it into a relatively regular shape. During the Tang and Song Dynasties, sheepskin had been well processed. At that time, the "leather shoes" and saddles were quite famous. This military technology affected the improvement of clothing, and the clothing had the characteristics of banding and binding. Since the Yuan Dynasty, the Chieftain Mu took the absolute leading position in the Naxi region, he gradually drew closer to Han culture, introduced the civilization, so that the Naxi region appeared the prosperity of economic and cultural. According to historical records, it is observed that women wore their hair in a bun, wrapped in green cloth, Short clothes, long skirts, colorful belts, bare feet. The man wore a short coat and trousers, and his feet were bare. A

few people wear double-breasted jackets. This is the typical costume of naxi nationality in Ming Dynasty. As the Naxi people entered the farming period, a large number of artisans entered the Naxi area. They applied the leather kneading technology to the processing of their shawls, making the leather surface white and the wool surface smooth. Lijiang's textile industry and handicraft industry are relatively developed, which greatly promoted the development of the family workshop industry, the people's clothing fabrics from the original linen into cotton. During the Qing Dynasty, the sleeves of the original short jacket were changed into a large jacket, and the coat became "short in the front and long at the back". The dress was broken into two pieces, with only one apron remaining. With the liberation, the Naxi men's clothing is as same as the Han nationality. The Naxi women wear broad waists and large sleeves, they also wear long pants, pleated apron, embroidered shoes, and sheep skin shawl. On the back and top of the shawl, there are seven round cloth rings and seven pairs of pendant, which are embroidered with gold and colorful silk threads. Commonly known as "seven-star shawls", to show the meaning of diligence. Married women wear a bun on the top of their head and a round gauze cap, while unmarried women wear braided hair at the back of the head, a cloth scarf or a black cap, and like to wear earrings, silver or jade bracelets and other ornaments. In the last 200 years, the Naxi costume changed a lot. Its sheepskin shawls from directly hung to a certain shapewith fixed decoration; The material of yak tail hat was gradually replaced by black wool and silk thread. The color of clothing gradually changed from black to navy, dark blue. The selection of fabrics experienced the development process from leather, felt and linen to duffel and muslin. These changes occurred with the development of productivity and the development of the society.

Totem Culture is an Important Basis for the Color Selection

The Naxi people regard the black as the main color, which mainly comes from their worship of black totem. the yaks provided their everything, their life and the yaks tightly linked together, the yaks as their ancestors, to be their totem gradually. The black yak fur played an important role in the production and life. As a result, the totem color black is the color of totem material, which not only exists as a color, but also contains aesthetic content, and finally leads to totem worship. The Naxi call themselves "Na". "Na" means "black", "black" means "big", and they call themselves "black tribe".

However, with the Naxi people's understanding of minerals, plants and other dyes, especially the indigo dye technology, so that the whole nation's clothing color towards the black variant of navy blue, dark blue and other directions.

The Heavy Naxi Costumes are the Result of Adapting to the Geographical Environment

In order to adapt to the environment, human beings have tried every means to understand and transform nature, and created a brilliant culture. Clothing is the direct result of this adaptive selection, showing the characteristics of regional physical and geographical environment to varying degrees. The Naxi ancestors live in a typical plateau climate, so the fur of yak is the most ideal clothing material. The first layer of Naxi costume is a white cotton shirt with a standing collar. The second layer is an interlayer gown without a tie clip. The third layer is double-breasted jackets. The fourth floor is the "seven-star shawls". Such a set of traditional Naxi clothing, roughly estimated to weigh as little as 7 or 8 jin, more than 10 jin.

Although the traditional naxi women's dress is dignified and heavy, simple and elegant, it is too inconvenient and lacks beauty of lines. With the development of society, most young women are no longer willing to wear this kind of clothing. After extensive consultation and many modifications, the traditional Naxi costume factory innovated color, materials and art. The modern costume characteristics in the women's color is given priority to with red, yellow, white, retained in the waistcoat and belly band and the art of sheepskin processing. On the men's clothing, the double-breasted jacket embroidered with Dongba characters such as "Lijiang" and "Naxi people" as ornaments. With the development of the society, the modern wool shawls are exquisite workmanship, diverse colors, warm and convenient to wear, which are popular among all kinds of people. Now, the light and thin wool shawls are very popular in the Lijiang.

Conclusion

With the progressing of productivity, fur technology, dying technology and plant fiber processing technology have also been developed, which determines the status of sheepskin in clothing. The influence of totem culture is mainly reflected in the color of the dress. The communication of the nationalities enriches the styles and materials of clothing. In a word, the development level of productive forces, totem culture, geographical environment, the communication and integration jointly gave birth to the diversity of Naxi costume culture!

To sum up, traditional costume of the Naxi nationality showing broad and profound social, historical and cultural meaning. The results of the study are as follows: The progress of productivity is the decisive factor. Totem culture is an important basis for the color selection. The heavy costumes are the result of adapting to the geographical environment. Naxi costume has formed its own unique style.

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