

The Truth of the Universe and Life

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Abstract: The universe is a four-seasonal life body consisting of true heart and false heart. It is a truth-falseness and stillness-movement structure. True heart functions through false hearts, generating the universe everything. Universe all-info theory means anything includes all the universe information. The universe body is the shared root of everything, namely the universe is an entire body where everything is in a tangle. Everything in the universe is generated by heart thinking. The universe has incredible and highly-intelligent creativity. Its creation is a one-time occurrence. The universal world includes unit worlds, 3,000 big boundless worlds and the cosmopolite. All the galaxies in the universe are formed by the universe body and sentient force. Sentient goodness is the force to form and hold galaxies. Sentient evil is the force to destroy and empty galaxies. The universe is a moral system. The universe Great Tao are meant for vitalization, purification and improvement. The universe body is home to true heart and false heart generates the six divisions in the wheel of karma. The universe is a causal system and causal karma is the permanent law of the universe. Belief in karma makes the world peaceful while disbelief in karma makes the world unease. Cultivating persistent true **heart** makes people jump out of karma. The fate of people and humans is changeable. Consciousness and cultivation are the most important things in people's life. Praying to Buddha is the only approach to jumping out of karma. The key to getting rid of present human disasters: transforming the depraved substance technology into life technology and moral technology.

Key words: The universe, life, truth, true heart, false heart, true emptiness, wonderful existence.

1. Introduction

Modern science that originated in the West is the science of substances. But universe is life and substances are just physical materials that form life. Thus, modern science cannot unlock the mystery of the universe and life, which has been fully proved by the hundreds of years of history of modern science.

Modern science is outward science, an approach to explore just physical substances and objects. Life not only consists of tangible substances and the substantial system but also the intangible spiritual system. The intangible determines the tangible [1, 2]. To explore the mystery of the universe and life, spiritual approach should be employed, namely inward approach or meditating approach, which is also religious approach. Actually, Taoism and Buddhism in the East have long studied and comprehended the truth of the universe the life and have reached the highest peak of the universe, forming a complete cultivation-based scientific and

technological system.

The present world is in chaos and humans are faced with various disasters. The most urgent thing now is to save humans from endless disasters. In the 1970s, Toynbee, a British scholar once said, "To solve the social problems in the 21th century, we have no choice but to turn to the theories of Confucius and Mencius as well as the Mahayana Dharma." Therefore, it is of great practical significance and benefit to reiterate the truth of the universe and life in Buddhism and Taoism, to lead the present material science to the direction of moral science (life technology and mental technology) and to get away from human disasters.

The truth of the universe and life is "good-evil karma and cause-effect transmigration". In Buddhism, everything in the universe is generated by heart thinking [3], and the truth of the universe and life is empty space creating everything [4]. In Taoism, being and not-being grow out of one another [5].

2. Basic Composition and Dynamic State of the Universe

2.1 The Basic Composition of Life and the Universe

There are various life forms in the universe. The countless galaxies are inorganic life. Humans and creatures are organic life. Society is social life and there is man-made to-be inorganic life: robots or the intelligence system. All substances belong to life and are life substances. All spirits also belong to life. So where do these lives come from? The answer is the universe. Only when life itself or its environment is life, various lives can be generated.

Life is a four-level-heart four-seasonal integration [6]. As the universe is life, it is also a four-level-heart (true heart 0 and false hearts 1, 2 and 3) life body [7]. The true heart 0 of the universe is the body of the

universe. The universe appearance is when its true heart functions through its false hearts 1, 2 and 3.

The true heart 0 and the false hearts 1, 2 and 3 are inseparable. The true heart 0 contains the false hearts 1, 2 and 3 and the false hearts 1, 2 and 3 contain true heart 0. Hearts 0, 1, 2 and 3 are in different states on different occasions.

When hearts 0, 1, 2 and 3 are sincere, hearts 1, 2 and 3 are true. True hearts 0, 1, 2 and 3 are the universe body. The body is self-sufficient, pure, stable and permanent and can generate the universe law [8]. True heart itself is the universe Great Tao, the light lighting everything and the land of permanent stillness and wisdom. When true heart doesn't function, it is still; when true heart functions, various phenomena take place (see Fig. 1).

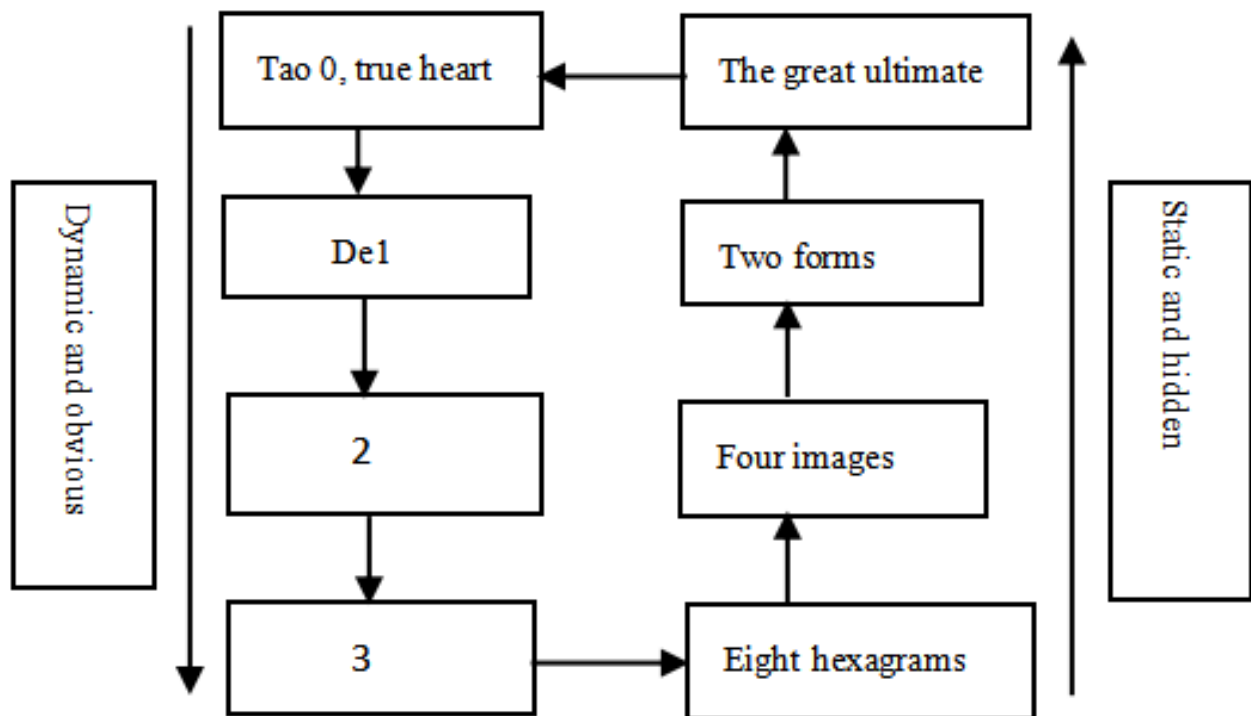


Fig. 1 Universe Great Tao operating system.

When false hearts 1, 2 and 3 are in use in 0, 1, 2, 3, true heart 0 is out of use and when false heart 1, 2 and 3 are dominant, hearts 0, 1, 2 and 3 are all false. False hearts include 1, 2 and 3. 1 is delusion, leading to improper thoughts. 2 is delusion + division. 3 is

delusion + division + obsession [3]. As our personal experience shows, everyone has numerous improper thoughts from morning till night without a moment of stop. We use true heart once in a while but it never lasts long. Most of the time, we use false heart. False hearts

can be light or heavy and are divided into three layers: delusion, division and obsession. Delusion is just a thought; division is inequality toward people and things; obsession is possession, control and damage, which is the most serious. True heart is permanent and unchangeable, thus being true. False hearts are delusive and can be born and destroyed, thus being untrue.

True heart and false hearts are integrated. True heart is everywhere and false hearts are also everywhere [9]. True heart is still while false hearts are always mobile. False hearts exist depending on true heart and true heart functions depending on false hearts, thus generating everything in the universe. When false hearts are moved (moving), true heart will respond, generating the world in response to false hearts.

False hearts movement is a polluting and depraving force. When the kind and pure heart starts delusion, division and obsession, the polluting and depraving

force becomes stronger and stronger. When people get lost, false hearts are dominant and true heart is hidden and out of use.

True heart stillness is a purifying and promoting force. Turning obsession, division and delusion into the kind and pure true heart, the promoting force is getting stronger. When people get aware of this, they will leave false hearts and true heart will be dominant.

False hearts can turn true heart into a tangible and material world, twisting and polluting true heart. True heart can purify and improve the tangible and depraved world, turning it into the universe body, namely human nature. The depraving process caused by false hearts movement and the promoting process resulting from true heart stillness form the basic movement of the universe: degrading and upgrading. This is the degrading and upgrading movement of life dominated by universe Great Tao (see Fig. 2).

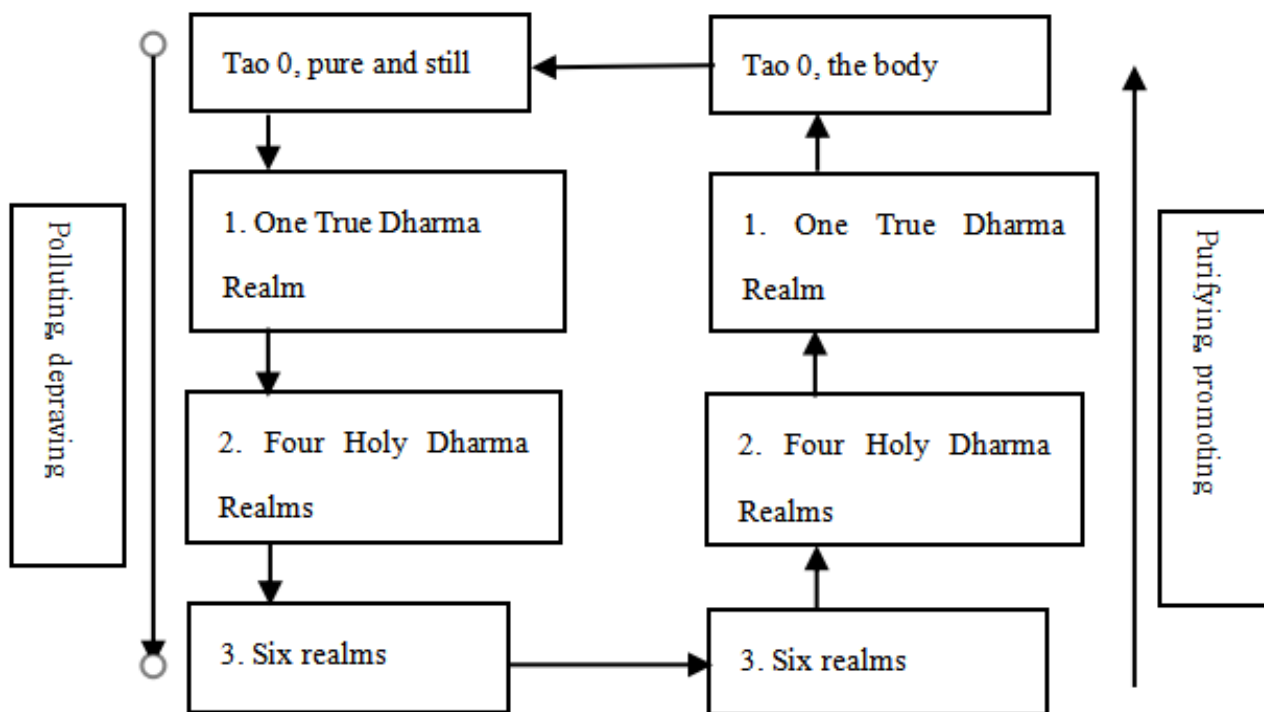


Fig. 2 Great Tao-dominated degrading and upgrading movement of life.

2.2 Universe-law-dominated Generation and Transmigration of Six Realms

The six realms include heaven (formless realm,

subtle realm, desire realm), human way, heavenly Asura, animal way, ghost way, and hell way. Animal way, ghost way and hell way are under human way (see Fig. 3).

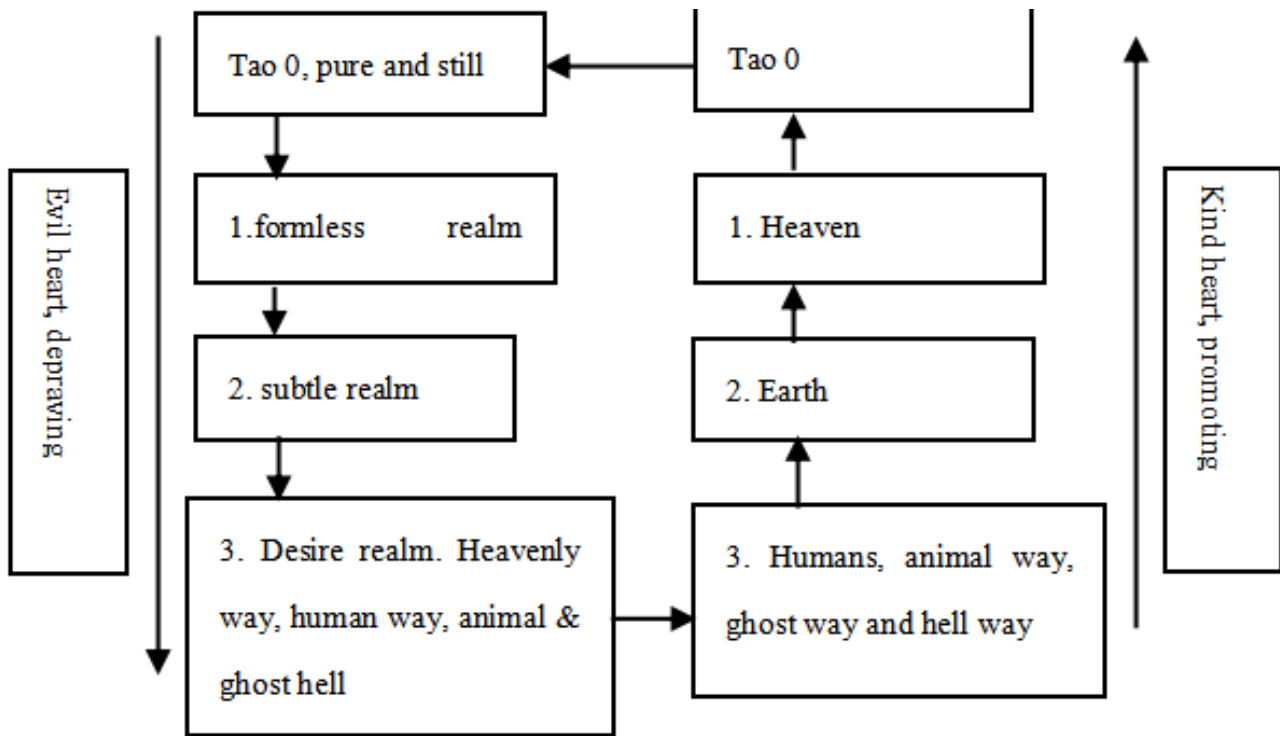


Fig. 3 Great Tao movement of six realms.

2.3 Universe Structure

According to Figs. 1, 2 and 3, the basic structure of the universe is a true-delusional structure, a still-movable, a true-false structure, a body-use structure, a nothing-everything structure, a bearing-born structure,

a body-appearance structure, an internal-external reward structure (external environment includes human body and galaxy) [4], a pure-polluted structure, a light-darkness structure, etc. All tangible structures people see belong to these structures (see Table 1).

Table 1 Formation and features of the universe.

Structure of the universe	0	1	2	3
Body	True heart			
Appearance: True and delusional	Body	One true Dharma realm	Four divine realms	Three realms and six ways
	True heart	Delusional habit	Delusion + division	Delusion + division + obsession
	Nature	Tiny habit	Light habit	Heavy habit, bad habit
	Pure kindness	Tiny evil	Small evil	Big evil
	Unchangeable body	Tiny movement	Small movement	Big movement
	Self-sufficient body	Self-sufficient body	Self-sufficient body	Self-sufficient body
	Never dying nor being born	Two-season cycle	Four-season cycle	Multi-season cycle
	Generation of everything, vitalization	Vitalization	Vitalization	Viviparity, oviparity, humidogene

Pure kindness or natural kindness is a realm surpassing relativity (kind and evil, polluted and pure).

2.4 Four-seasonal Movement of All Levels of Life

According to the Great Tao movement chart, the upgrading and degrading movement of life is a four-seasonal movement in each level, namely the birth, senility, illness and death of humans, the birth, existence, change and disappearance of things and the formation, existence, decline and emptiness of the universe. The four seasons are actually birth and death.

The universe body is unchangeable; it is 0 season or 1 season ; it has no life, death and seasonal change. One true Dharma realm is 2, season which can be shifted between thoughtfulness and thoughtlessness. Four divine realm is delusion + division and seasonal with changeable four seasons. The environment is also easy to change. It has jumped out of the three realms and has no birth-death transmigration. Six ways are delusion + division + obsession (control, possession, damage, greed, anger and madness). They are multi-seasonal and sectional birth-death. Environment is in formation, existence, decline and emptiness. The four seasons in the six ways are limitless and boundless and very complex.

3. Universe All-Info Theory

Everything in the universe includes all the information in the universe. It is a seed that can generate and turn everything. In *Altar Sutra*, it is named body, which is self-sufficient and can generate everything. As is more clearly stated in *Huayan Sutra*, the body can generate everything in realms and void realm and even a tiny dust contains the entire universe, which is called incredible realm [10].

This means the body as well as everything generated by the body is full. From a tiny dust, we can see the entire universe. The universe is not concentrated and the dust is not exaggerated. The body or nature is 0-dimension time and space without size, nor birth-death,

nor coming-going, nor similarity-difference, nor first-last, nor increase-decrease [4], nor bound or barrier. This is the truth of the universe, which can't be explored and understood by modern science.

The body is a pure-kind, pure-clean, high-density energy light of life. The body has nothing or no realm but can generate everything. It is the beginning and ending of the universe. There is no "time-space singularity" put forward by physicists. "Time-space singularity" has size, boundary and barrier.

4. The Universe Is One and All Things Are in A Tangle

Everything in the universe is generated by the body, so the universe is bound to be an integrated body. From Table 1, we can see the integration includes:

1) Everything is born by the body, can't leave the body and contains all the information of the universe. Everything is in a tangle with the body and is mutually connected, sensed, known, used and interacted through the body.

2) True heart (nature) and false heart (habit) form a body and are mutually integrated.

3) Substances and spirits form a body, and the tangible and intangible are integrated with the intangible taking the lead.

4) Good and evil form a body and are in a tangle.

5) Four seasons are confined and get entangled. People must reap what they have sown. Consciousness never fades away and three lives (past, present and future) are internally integrated.

5. Universe Generation: Everything Is Generated by Mind

The galaxies in the universe are numerous and boundless but they are all different in size, shape, color, movement change, endurance, etc. Every person on the earth is unique. Even the same person is constantly changing in his or her lifetime, at every moment from morning till night. How does this happen? Because

people think differently all the time. Galaxies are life and thus have thoughts. Galaxies are different because they think differently.

5.1 Human Society Is Generated by Heart Thinking

Humans have all the information of the universe. The heart people use determines the corresponding world they live in [3].

Man-made objects are all created by human heart thinking. Social patterns are created by human heart thinking. Different countries have different regulations and social patterns. Different people formed different groups. Things of a kind come together and people of a kind fall into the same group.

Kind people performing acts of kindness form kind groups; evil people doing bad deeds form evil groups.

Silly people are animals in human way. Greedy people are ghosts in human way. Angry and mad people are hell in human way. Aggressive people are Asuras in human way.

Extremely kind people are heavenly people in human way. Those saving the human kind are bodhisattvas in the human world.

5.2 Universal World Is Generated by Heart Thinking

The universe body can turn human heart thinking into every realm: one true Dharma realm and ten Dharma realms. Different hearts generate different realms. When heart is kind, the body will turn it into kind realm: human way and heavenly way. When heart is evil, the body will turn it into evil realm: animal way or hell. When heart is extremely kind and pure, the body will turn it into one true Dharma realm. The body has strong turning force. Thus, “all living creatures should avoid the smallest evil because there will be effects waiting for them [11].” The cause-effect karma is the unchangeable law of the universe which cannot be ignored.

One true Dharma realm and ten dharma realms are generated by heart force (body + heart, called karma force in Buddhism, include kind karma, evil karma and pure karma). The heart people use generate the type of realm. When one realm functions, the others are hidden. When all realms function and self-sufficient, the universe Great Tao functions, which is called cosmopolite [10] (see Table 2).

Table 2 Buddhism body, one true dharma realm and ten dharma realms.

Universal world	Life	State of heart
Universe body	Full Buddha	Heart like mirror
One true Dharma realm	Know true heart and see the nature	Extreme kindness and purity with or without obvious habits
Four divine realms	Arahant, Pratyekabuddha, Bodhisattvas, Similar Buddha	No kindness or evil, with tiny pollution or purity
Six ways		Obsession with being and substances
Heaven (28 levels)	Formless realm 4 layers of heaven	Light pollution, tiny delusion, division and obsession
	Subtle realm 18 layers of heaven	No desire, light delusion, division and obsession
	Desire realm 6 layers of heaven	Heavy delusion, division and obsession
	Upper 4 layers of heaven	Top-grade 10 kindnesses [12], with meditation ability
	Lower 4 king haven, trayastrimsha	Top-grade 10 kindnesses, without meditation ability
Humans	Human realm, the earth	Middle-grade 10 kindnesses
Heavenly Asura	Heavenly Asura	Upper-grade 10 kindnesses, aggressiveness and ignorance
Animals	Animal realm	Silliness
Ghosts	Ghost realm	Greed
Hell	Hell realm	Madness and evil

5.3 The Body Possesses Strong and Incredible Creative and Generating Force

The universe body “can generate everything” [8], which is an incredible and mighty creative force [13]. In terms of complexity, the universe can create humans, various extremely complex creatures and lives. In terms of energy, the universe can create numerous huge galaxies, clusters and super clusters, which is unmatched and incredible to humans. In terms of order, the inside of galaxies is in great order and harmony without any mess, which is again incredible and shows the great wisdom of the universe.

Universe generation is another incredible force through which life and environment are created all at the same time.

Universe generation is a one-time occurrence. Everything created by the universe is life. All living creatures are life; internal reward and external reward are also life. Everything is a heart-thinking + universe body one-time occurrence, whether it is a human, a creature or a galaxy [3].

6. Universal World

6.1 Layers of the Universal World

According to Table 2, the universe can be divided into four realms: Buddha kingdom pure realm, formless realm, subtle realm and desire realm. It can be further divided into the land of permanent stillness and wisdom, one true Dharma realm and ten Dharma realms (4 divine realms + 6 ways).

6.2 Universe Cosmopolite: To Form the Complete Universe Great Tao Functioning System

According to Table 2, various worlds exist at the same time, forming the complete universe Great Tao operating system. That is to say, the universe body, one true Dharma realm, 4 divine realms and 6 ways appear at the same time and their worlds form a complete universe Great Tao operating system. It is a permanent

operating system, forming a cosmopolite. In *Huayan Sutra*, Huazang world is a cosmopolite [10]. According to the universe Great Tao operating chart, every transverse layer in the cosmopolite is a complete yin-yang four-seasonal (0/1, 2, 4, 8) structure. It is permanently shifting based on the four-seasonal process of formation, existence, decline and emptiness. Even if there are four-seasonal birth-death shifts inside the cosmopolite, there is a dynamic balance to keep cosmopolite lasting forever.

6.3 3,000 Big Boundless Worlds

One big boundless world is just one small world in the cosmopolite. It consists of smaller unit worlds. 1,000 unit worlds make up one small boundless world; 1,000 small boundless worlds form one middle boundless world; 1,000 middle boundless worlds compose one boundless world. So one 3,000 big boundless world is comprised of one billion unit worlds of small boundless world, middle boundless world and big boundless world [4].

Galaxies are external reward and sentient minds are internal reward. People with different minds and habits have different feelings to the galaxies. There are great numbers of galaxies in the universe, which differ from each other [3] in size, shape, color, etc. Galaxies are the living environment and the common realm (heart force) of humans generated by the universe body. As false hearts are limitless and boundless, the galaxies they created are different, which is the very reason for the difference between galaxies in the universe.

7. Formation, Existence, Decline and Emptiness of Galaxies

1) Galaxies in the six ways

The six ways are formed by the obsession of the heart and the universe body. Obsession with being self is obsession with substances and minds. When hearts are outward, external pursuits appear. The six ways feature galaxies and tangible lives, and are rooted in greed,

anger and madness. Greed, anger and madness differ in levels and have many kinds, thus forming the limitless and boundless galaxies.

2) Galaxy formation is a one-time occurrence

With one heart thinking or one obsession, the universe body can create a world. This creation is a one-time occurrence without difference in time. Life is not formed by assembling. Both the big bang universe theory and the chemical hypothesis for life origin are nonsense.

3) Formation, existence, decline and emptiness of galaxies

All galaxies are created with the joint force of the universe body and human karma. Once created, they begin the four-seasonal shift of formation, existence, decline and emptiness. The purifying and creating force of the Great Tao plus human karma are the force to form the world (spring and summer) with formation and existence leading the force of kindness and purifying [14]. After the formation and existence stages, human evil forces increase and surpass the kind karma (human kind forces decrease, morals are forgotten and help of the universe law disappears), and the world enters the decline and emptiness stages (autumn and winter). Looking at different dynasties in history in different countries, we can see the four-seasonal cycle of formation, existence, decline and emptiness at play. Righteous people complete the formation and existence stages while greedy people complete the decline and emptiness stages.

In the world's process of formation, existence, decline and emptiness, the former two stages are upward force, namely spring and summer, and the latter two stages are downward, namely autumn and winter. The entire process is a four-seasonal process.

8. Universe Operation, Tao De Domination

The universe is a Tao De system [5]. The true heart itself is the universe Great Tao (Fig. 1).

8.1 Morality Rules and the Universe Does Not Be Destroyed

The universe body is Great Tao. Everything and anything are dominated by moral at any time, which is the underlying reason why the universe won't decline. Moral is awareness or purity. Everything in the universe has moral and awareness. Everything is born by moral and dominated by moral forever. Great Tao is regulation and order.

8.2 The Great Tao Is the Organization for Vitalization, Purification and Improvement

The Great Tao operation is quiet without stopping [5].

The Great Tao is the organization for vitalization. When the Great Tao meets with evil karma, it creates a three-evil paths to eliminate it; when the Great Tao meets with kind karma, it creates a three-virtue world to offset it; when the Great Tao meets with the peaceful heart, it creates a pure land: the paradise.

The Great Tao is the organization for purification and improvement. The Great Tao purifies human hearts and improves them to the universe body. With the operation of Great Tao evil is eliminated and kindness is offset. With the operation of the Great Tao, humans find their pure hearts and return to the universe body.

8.3 The Universe Body and Universe Appearance: True Emptiness and Wonderful Existence, Being and Not-Being Grow Out of One Another

The universe body is the light of life; it is true emptiness or nothing; it is real being; it is permanent and can generate everything. It is neither substance nor spirit. Human mind can't imagine it, human feeling can't feel it, and modern technology can't find it. But it does really exist. It can generate substances and spirits; it can generate everything.

The universe body is real being, which can't be born or destroyed. But it features emptiness. It is an all-info energy body that does not move. Universe appearance is fantastic being, which can be born or destroyed. But it features solid and has qualities, which is called creating everything in Buddhism. The relationship

between the universe body and appearance is .true emptiness and wonderful existence

In Taoism, the universe body is not-being, or true heart. The universe appearance is being, or creation of the body guided by false hearts. The universe appearance is creating everything from nothing. When appearance goes to not-being, it is called turning everything into nothing. The four-seasonal shift of life from birth to senility, illness and death is a mutual pushing process of being and not-being, namely being creates and is created by not-being.

9. True Heart Stays, Right Heart Upgrades and Degrades, Evil Heart Transmigrates

According to 2.1, different heart uses determine different heart states (0123). Heart uses include true heart use, right heart use and evil heart use.

True heart is 0, the universe body that last permanently. Hearts with delusional habits are also true heart. Delusional habits don't affect true heart. True heart "won't be born or destroyed" and stays unchangeable. "The universe body never moves", and is everlasting, thus staying forever [14].

Right heart has delusion but no division or obsession. Right heart has purity and pollution but no kindness or evil. Right heart stays away from kindness and evil and so only upgrades and degrades within the four divine realms and won't withdraw to the six ways.

Kind-evil heart has delusion, division and obsession, thus having kindness and evilness. It is sometimes kind and upgrades to the human and heavenly ways (including the heavenly Asura) and sometimes evil and degrades to the animal, ghost and hell ways, transmigrating in the six ways. The kind-evil heart is unstable and changes with the environment.

10. Cultivate True Heart and Jump Out of Karma

The universe is also a cause-effect system. The cause-effect karma is the permanent law of the universe. As you sow, so shall you reap. Virtue has its own good

rewards and evil has its own bad results. Rewards and results will surely come when time is right. Anything that is changeable and manageable has its cause-effect. Things that are unchangeable and unmanageable has no cause-effect. Belief in cause-effect brings universal peace. Nowadays, people only believe in science and ignore cause-effect, so the world is in chaos like the hell.

1) Root of Cause-Effect: Conscious Heart/Delusional Heart — Delusion, Division and Obsession

True heart is stable having no change and has jumped out of cause-effect. Conscious heart is changeable and includes delusion, division and obsession, which is the root of cause-effect. Once there is change, there is cause and effect. Once mind arises in heart, there is cause and effect. Cause and effect result from conscious heart.

2) Consciousness Never Dies, Cause-Effect Goes Through Three Lifetimes

The universe is an entire body where everything integrates and cause and effect integrates. Cause-effect goes through three lifetimes: the past life, the present life and the future life. The past is the cause, the present and future are the effect. To know the cause in the past life, look at the effect in the present life; to know the effect of the future life, look at the cause of the present life.

3) Cultivate True Heart and Jump Out of Karma

Jumping out of karma means avoiding cause and effect. Having no worries but only happiness is the realm of great divines, or the world of true heart. True heart is Buddha heart and full enlightened heart. The permanent and unchangeable mind-free true heart has jumped out of karma. Any karma results from mind. To jump out of karma, we have to avoid mind, desire, division and obsession.

Universe true heart owns limitless wisdom that goes beyond human imagination. When delusional heart is abandoned, true hear will appear. The limitless wisdom can be attained once we abandon delusional heart. The more we abandon, the more we attain.

11. The Only Thing and Goal That Matter in Life: Consciousness and Cultivation

11.1 Consciousness and Cultivation Are the Most Important Things in Life

Humans, like other things, have the seed of universal Great Tao, the seed that can make us become divines, humans as well as animals, ghosts and hell. Whether humans and the human society will become peaceful or destructed is totally determined by the heart people use. Whether people will go to heaven or go to hell after death is totally decided by people themselves. Nobody is willing to become an animal or a ghost or go to hell; everybody wants to be promoted. So we need cultivation. Thus, consciousness and cultivation are the most important things in life.

11.2 People's Fate Can Be Changed

Human heart contains true heart 0 and false hearts 1, 2 and 3. Everybody has true heart 0 and consciousness or Buddha nature. Everybody is Buddha in origin. People's kind-evil heart can be shifted between three kind ways and three evil ways. This shift is entirely decided by people themselves. Evil heart can be turned into right heart and true heart, promoting from the six-way cultivation to the four-divine realm. This means jumping out of karma and further promoting to the one true Dharma realm and the land of permanent stillness and wisdom, staying away from birth and death permanently.

11.3 Praying to Buddha is the Only Available Approach to Jumping Out of Karma

Praying to Buddha is the way to become Buddha and achieve true heart because 1) everything in the universe is born by the universe body and thus has Buddha nature or consciousness, namely everybody is Buddha in origin, and 2) "karma results from mind". When your heart thinks of monsters and ghosts, you will become monsters and ghosts; when your heart thinks of Buddha and cultivate yourself, you will become Buddha.

All Buddhism prayers are meant to cultivate precepts and build wisdom. People can return to the universe body only by cultivating pure heart and practicing meditation. This is because the universe body "is both pure and unchangeable" [8]. We are in the last dharma period of Buddha Shakyamuni. Cultivating pure heart by praying to Buddha can bring us to the universe body. Avoid doing anything evil, perform anything kind, purify your mind and pray to get to pure land. This is the only reliable way to jump out of karma.

12. Key to Breaking Away From Human Trouble or Disasters: Transforming the Depraved Substance Technology Into Life Technology and Moral Technology

The reason why the present world is in chaos lies in the ignorance of modern science. Modern science is unaware of the truth of the universe and life and tell people not to believe cause-effect, thus constantly triggering the three poisons of greed, anger and madness in human hearts, bringing numerous disasters to mankind.

To break away from the present trouble and get rid of the danger of destruction, the only way out is to transform the present substance technology into life technology and moral technology [15].

13. Conclusion

1) The universe is a four-seasonal life body consists of true heart and false hearts. True heart is the universe body and the universe Great Tao. There is only one true heart, which is solid being. False hearts are illusory and are limitless and boundless. The universe is a truth-falseness structure and stillness-movement structure. True heart functions through false hearts, generating all things in the universe.

2) Universe all-info theory means all things in the universe includes all the universe information and has the seed to generate and transform into everything. The universe is a body where everything gets entangled the universe body is the common root of everything.

Everything originates from the body and is in a tangle in the body.

3) Everything in the universe is generated by heart. The universe has incredible creativity and great wisdom. Universe generation is a one-time occurrence.

4) The universe can be vertically divided into four layers: the universe body, one true Dharma realm, 4 divine realms and 6 ways. The universe worlds include unit worlds, 3,000 big boundless worlds and the cosmopolite. The various galaxies in the universe are formed by the universe body and human karma. Human kind karma is the force for galaxy formation and existence; human evil karma is the force for galaxy decline and emptiness.

5) The universe is a moral system. Universe operation is dominated by Tao and De. The universe Great Tao is the organization for vitalization, purification and improvement. The universe body is true heart, which stays permanently. False hearts are changeable and create the six-way karma.

6) The universe is also a cause-effect system. Cause-effect karma is the permanent unchangeable law of the universe. Souls never die. Cause-effect goes through three lifetimes. The root of cause and effect is false hearts. If you cultivate permanent true heart, you can jump out of karma.

7) The fate of people and humans is changeable. Consciousness and cultivation are the most important things in life. Praying to Buddha is the only available approach to jumping out of karma. The key to getting rid of present human trouble and disasters: transforming the depraved substance technology into life technology and moral technology.

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