Journal of Literature and Art Studies, August 2018, Vol. 8, No. 8, 1289-1299

doi: 10.17265/2159-5836/2018.08.019



# Rhymes of the Psalms ("诗篇"赋)

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"Rhymes of the *Psalms*" is used as the title for the 175 poems that I am writing from the *Psalms* in the *Bible*. And here the following fifteen poems have been written from *Psalms* 1-15.

# 1. Blessed are the Righteous, Not the Wicked (sonnet)

Blessed are those who reject th''dvice o' the wicked,
Who don't follow th' example of sinners,
Nor join to sit in the seat of scoffers;
Instead, they take delight in th' law o' the Lord.
They meditate th' law o' the Lord day and night,
They are like trees that grow beside a stream,
And they always bear their fruits at th' right time,
Wither or dry up, their leaves, branch's do not.
In whate'er they do, they'll have prosp'rity.
But evil men are not like this at all,
They are like chaff that the winds always whirl.
The wick'd won't stand and no place 'mong th' godly.
For the Lord watches over th' way o' the pure,
But the evil are on th' way to expire.

## 2. God's Chosen King

Why do th' foreign nations conspire, And the peoples plot a thing vain? Th' kings revolt, th' rulers plot tog'ther Against th' Lord and his Anoint'd one.

"Let us break their bands asunder,"
They say, "let us throw off their ropes."
He who sits in th' heavens snigger;
The Lord makes fun of those rulers.

He rebukes them when he's angry

# 1. 弃恶从善必蒙福(商籁体)

#### 2. 神所拣选的君王

外邦为何争闹? 万民图谋虚妄? 列国君臣商讨, 抵挡主与膏王。

"吾侪折断锁链," 言说:"脱去绳捆。" 上主发笑在天; 主必嗤笑王君。

祂怒惩戒他辈,

And terr'fies them i' his wrath, saying, "On Zion, my mountain holy As for me, I have set my king."

I'll declare what th' Lord promised has: "You are my son, I've begotten.

Ask me, and I'll give you th' nations,
The ends of th' earth your possession.

You'll break them with an iron rod, Like a clay pot, dash them i' pieces." Be wise, you rulers of the world, Listen to this warning, you kings.

Serve the Lord with fear and bow down; Kiss th' son, lest you die i' his angry, Flare up i' a moment his wrath can. Blessed, all who go him for safety.

## 3. Morning Prayer for Help (sonnet)

O Lord, how my enemies have increased!

So many are rising up me against.

Many are saying about my spirit,

"There is no salvation for him in God."

O Lord, you're always my shield from danger,

Th' lifter o' my head, He bestows me glory.

I was crying to the Lord with voice my,

From his sacred hill he gives me answer.

I lie down and sleep, and I wake again,

And all night long I have th' Lord's approval.

I'm not afraid of ten thousands o' people

Who draw up against me every side on.

Save me, O Lord!Flog and leave them pow'rless.

Salvation from th' Lord; your people you bless!

#### 4. Evening Prayer for Help (Sonnet)

Hear me when I call, O God o' my right'ousness! Be gracious to me, and hear my prayer. How long will you men my honor disgrace? 惊吓他侪怒语: "锡安圣山之位, 吾已立了君主。"

吾要传扬主旨, "吾儿今日余生。 汝求万国赐你, 地极赐汝田町。

他辈铁杖击打, 如同陶器摔烂。" 君王应当明达, 聆受训诫劝勉。

敬虔服侍上主; 亲吻主子免死, 恐主瞬间发怒。 蒙福把主靠依。

# 3. 求助的晨祷(商籁体)

主啊!我敌何其多! 起来攻击余。 他辈议论吾, "他无神帮哦。" 称是我牌盾, 昂首得荣耀。 求主余吴四主整时, 整夜主应至时,整夜主护卫。 不怕无被把余击。 击敌将余救, 子民主护佑。

# 4. 求助的晚祷 (商籁体)

神显吾为义! 垂听余祷告。 人辱吾何时? How long you love vain words, and seek lies 'fter?

The Lord has chosen th' righteous for his own,

And the Lord hears me when to him I call.

Tremble wi' fear before God and do not sin;

Med'tate i' your heart on your bed, and be still.

Offer sacr'fices to th' Lord in th' right way,

And trust in him, the redeemer our God.

Lots o' men say, "Who can show us good any?"

Lift up th' light of your face 'pon us, O Lord!

Th' joy you've filled my heart great'r than th' grain and port I lie down and sleep, Lord 'lone keep me 'nhurt.

# **5. A Prayer for Protection**

Give your ear to my words, O Lord, Consider my groaning and cry. Give att'ntion to my sound, my God, And my king, for to you I pray.

O Lord, in th' morn'ng you hear my voice; I plead my case to you, and view. You aren't a God who d'lights i' wick'dness; Evil will not sojourn with you.

Th' boastful can't stand before your eyes; You hate all folks of in'quity. You shall destroy them who speak lies; Th' Lord 'bhors th' bloodthirsty and wily.

By your great mercy, ent'r your house; Worship in your temple holy. O Lord, lead me i' your righteousness; Make your way smooth and straight for me.

No truth i' their mouth, their heart wi' ruin filled; Flatter wi' their tongue, their throat grave 'pen. Condemn and punish them, O God; Let them fall by their counsels own.

Let all who take refuge i' your r'joice; Spread your protection them over. 

# 5. 求主的保护

我主请听吾语言, 顾念吾心吾嚎啕。 神啊,垂听吾呼喊, 吾王余向您祈祷。

主啊,早晨听吾音; 余心陈明亦儆醒。 我主非喜恶事神; 恶人难与神留停。

狂傲难逃祢鉴查, 作孽都为主所恨。 祢必毁灭说谎话; 流血诡诈主恨忿。

藉主慈爱入圣所, 入主圣殿敬拜主。 主以公义引领我, 铺我前面正直路。

口无诚实心邪恶; 谄媚舌头开墓喉。 定判他侪惩罪责; 他辈跌倒因己谋。

投靠我主愿欢欣, 信靠我主得护庇。 O Lord, for you bless the righteous; As wi' a shield you co'er them wi' favor. 主必赐福与义人; 主恩如盾护卫兮。

## 6. A Prayer for Help in Time of Trouble

Lord, Don't be angry and scold me!
Don't punish me in your anger.
For I'm worn out, Lord, have mercy;
Heal me, for my bones shak'ng wi' terror.

And my soul is greatly dismayed; How long, O Lord, will you deli'er? Turn and rescue my soul, O Lord; Save me because o' lo'ingkindness your.

For in death you aren't i' memory; In the grave who will give your praise? With my moaning I am weary; All night long I flood my bed wi' tears.

With grief, my eyes are so swollen; 'Cause o' all my foes they grow inv'lid. Depart from me, you evil men, For my weeping the Lord has heard.

Th' Lord has heard my cry for mercy; And th' Lord will answer my prayer. All my foes shall be struck wi' dismay; They'll turn back i' sudden dishonor.

#### 7. Plea for Help Against Persecutors

O Lord, i' you I've refuge taken; Save me from all who me pursue, Or they'll tear me like a lion; And drag me 'way, wi' no one rescue.

If I've done this, O Lord my God, And in my hands there's injustice, If I've reward'd e'il to my friend, Or have robbed my foe without source,

# 6. 患难中求助的祈祷

求主勿怒责余, 罚吾主勿生气。 荏弱愿主怜恤; 骨颤求主医治。

余心大为慌惊; 主啊,何时拯救? 主来拯救余灵; 救吾主爱为由。

死地主无记念; 阴间谁将主谢? 唉哼使吾疲倦, 眼泪湿床整夜。

眼肿皆因忧愁; 敌使吾眼失明。 恶棍离吾远走, 余哭主已耳听。

余求主闻怜悯; 祷告主必应答。 敌均羞愧慌神; 转瞬奔逃羞煞。

# 7. 求耶和华坚立义人

上帝吾神余靠庇; 救吾脱离众压迫, 如狮他辈将余撕; 无人搭救随狮拖。

主啊,若余不义罪, 若有罪孽在余手; 恩将仇报歹非为, 攻击异己无缘由, Let th' en'my pursue and catch me; Let him trample my life to th' ground And in the dust lay my glory. Arise in your anger, O Lord;

Rise up against the rage o' my foes, Awake, my God; justice enact Gather 'round, let th' ass'mbled peoples, And o'er it on high take your seat.

Judges the peoples, judge me, O Lord, By my righteousness and goodness, Bring an end th' vi'lence o' the wicked And make protected the righteous.

God, my shield, who saves th' upright i' heart, God, judg's fairly, cond'mns th' wicked 'lways. God will wet th' sword, if he turns not; He has bent and readied his bows.

His deadly weapons he's prepared; Makes ready his fiery arrows. The wick'd man conceives e'il, behold Pregnant wi' mischief, gives birth to lies.

Digging it out, he makes a hole,
Falls into the pit he has made.
Returns upon himself th' trouble;
His vi'lence d'scends on his own head.

For his justice I thank the Lord; Sing praise to the Most High, our God.

## 8. Divine Majesty and Human Dignity (Sonnet)

O Lord, how maj'stic is your name in th' world! You've set your glory above the heavens. Sure the children and infants praise you've made. You've established strength because of your foes. The heavens, th' work o' your fingers, think about, The moon and th' stars you've set in position; 任凭仇敌追与赶; 地上践踏余性命, 让余荣耀尘中陷。 求主怒起立身挺:

抵挡吾敌之暴怒, 兴起吾主施公义, 聚集子民围绕主, 其上主归高座席。

主审民众行断判, 审余公义与纯正, 根除恶人恶绝断, 赐福义人保信诚。

神为吾盾救心洁, 公正审判惩罪恶。 罪恶不改主剑灭; 弓必上弦箭备射。

致命武器神预备; 弯弓主将火箭搭。 邪恶之人怀谋秽, 孕怀祸乱生虚假。

恶人掘坑又挖深, 自己竟落所掘阱, 痛苦患难临自身; 图谋暴行己报应。

为主公义余颂称; 唱诗赞美主盛名。

# 8. 神的荣耀和人的尊贵 (商籁体)

尊贵主名全地美! 荣耀彰显于诸天。 颂赞洋溢小孩嘴, 且因仇敌主力添。 举头望天主手造, 月亮群星主设阵; What's a human be'ng that you think him 'bout 人虽渺小主顾照, 世人何用主怀珍? And you take care of him, the son of man? Than God, You've made him a little lower, 主让人微于天使, 又赐冠冕尊与荣。 And You crown him with majesty and fame. 主造万物人管理, Th' works o' your hands you make him to rule over; 顺服人命皆听从。 Over all th' creation You've made You placed him: 主造生灵陆空海, Creatures of the field, the air and the sea. 主名全地壮美哉! O Lord, in all th' earth your greatness we see!

#### 9. Thanksgiving for God's Justice

I'll praise you, O Lord, wi' all my heart;
I'll tell about all your mir'cles.
I'll sing with joy and i' your exult;
Most High God, to you I'll sing praise.

My foes turn back when you appear; Before you they die and fall down. In your judgments you're hon'st and fair, Judging rightly you've sat on th' throne.

You've r'buked th' nations and ruined th' wicked; Forever you've erased their name. Endl'ss ruin to th' foes, their cit'es 'prooted; Has perished th' very mem'ry o' them.

But th' Lord sits enthroned etern'lly; He's set up his throne for justice, And he judges th' world wi' equity; He discerns th' peoples wi' uprightness.

The Lord, a refuge for th' oppressed, He keeps them safe in trouble times. Lord, those who know you will i' you trust; Don't desert those who to you comes.

Sing praises to th' Lord, who rules i' Zion; Declare among th' nations his deed. When for blood he makes inquis'tion, He does not ignore th' cry o' the wronged.

## 9. 称颂耶和华的公义

一心称谢主, 传扬主奇妙。 靠主心欢愉; 颂主至者高。

主显敌后退; 跌倒敌灭亡。 诚信审冤仇, 主坐公正堂。

灭恶责列国; 抹去恶徒名。 敌亡其城破; 记忆消除净。

主座久长安; 宝座为义立, 公正审人寰; 识民秉公义。

主为受压人, 患难作庇护。 知主多靠信; 寻主无弃疏。

颂主居锡安; 传扬主所行。 查审流血冤, 无疏苦哀声。 See how my foes persecute me!故害主怜悯!O Lord have m'rcy, from death me r'scue,救吾免死亡,That declare your saving I may述说主救恩,And tell them all that I praise you.美德余颂扬。

Th' nations have sunk i' the pit they made; 外邦己坑陷; Their feet are caught i' net they've hidden. 缚脚己网罗。 By his fair judgement, th' Lord's been r'vealed; 行审主彰显; The wick'd are snared by what they've done. 恶人坏跌落。

The wick'd shall be turned into Hell, 恶人归地府, And all th' nations that forget God. 忘神人外邦。
Not 'lways be negl'cted th' needy shall; 贫困被忘无; Th' hope of th' poor won't be fore'er crushed. 无灭穷人望。

#### 10. A Prayer for Justice

O Lord, why do You stand far 'way?
Why do You hide yours'lf i' trouble times?
In pride th' wick'd pursue th' poor hotly;
Let him be caught in th' schemes he plans.

The wick'd boasts of th' craving o' his heart;
Th' greedy man curs's and rejects th' Lord.
Care 'bout th' Lord, a wick'd man does not;
In his pride there's no room for God.

A wicked man succeeds in all.

He doesn't want anyth'ng wi' God's laws.

He says to himself, "I'll ne'er fail;

Ne'er in trouble, be happy 'lways."

His mouth is filled wi' cursing and d'ceit; Und'r his tongue is m'schief and wick'dness. In hiding plac's he kills th' inn'cent; Stealthily watch's for th' disastrous.

# 10. 为公义而祈祷

为何主远离? 患难主隐身? 害贫恶横逆; 谋恶願被擒。

恶人心自誇; 贪财亵渎主。 恶人心无祂; 狂傲视主无。

恶人事顺哉, 无望主律法。 他言"余无败; 无忧总乐哈。"

诡诈咒满口; 舌底恶毒奸。 藏匿害无咎; 窥探人有难。 Waiting i' his hid'ng place like a lion,
He catches th' poor and drags them 'way.
To th' ground, his vict'ms are up beaten;
Th' afflict'd fall by his ones mighty.

"God has forg'tten," the wicked says;
"He co'ers his face and sees nothing."
Lift up your hand, O Lord, arise!
Rem'mber those who are suffering!

Th' wick'd man r'viles God, says to himself, "To account you will not call us"?
But 'ndeed you note trouble and grief,
You help th' helpless and th' fatherless.

Break th' arm o' the vile and e'ildoer; Seek out his vice till none you find. Th' Lord is King fore'er and ever; Nations shall perish from his land.

O Lord, hear th' prayer o' the modest; Strength'n their heart and list'n to their cry, Defend th' fatherless and th' oppressed, So th' man made o' dust may not terr'fy.

#### 11. Song of Trust in God (Sonnet)

In th' Lord I take refuge; Can you say how,
"Away fly like a bird to the mountain;
For behold, the evil men bend the bow,
To shoot from the shadows at moral men.
When laws and orders are being destroyed,
The righteous people can do there's nothing."
I' his holy temple, throne i' heaven is th' Lord.
He watch's people and knows what they're doing.
The Lord tests the righteous and the evil,
And his soul hates the violence's lover.
Rain coals o' fire and sulfur on th' wick'd he will;
A scorching wind shall be th' portion o' cup their.
For th' Lord is righteous and he loves justice;

Those who are honest will behold his face.

如狮暗处藏, 目视穷人捕。 受害击他伤; 穷人威倒扑。

恶言"主忘了; 掩面主无视。" 主起伸手哦! 困苦勿忘记!

恶徒轻慢神, 言"神不追究。" 忧患神思忖, 孤苦主必救。

击断恶人膀; 追恶至尽除。 永远主为王; 灭绝别神族。

主听谦卑祷; 闻呼强其心, 护卫孤苦熬, 世人莫扰侵。

# 11. 在主里得安稳 (商籁体)

# 12. Plea for Help against the Treacherous (Sonnet)

Help, O Lord, 'nyone who's good no longer;
For th' faithful have vanished from among men.
Everyone utters lies to his neighbour;
Their unctuous lips speak with deception.
May th' Lord silence flatt'ring lips and tongues all,
May he cut out 'very tongue that great boasts makes.
They say, "With our tongues we'll win the battle.
We'll say what we wish, no one can stop us."
"'cause the oppressed are wronged, groan the needy,
I will now arise," says the Lord, our God.
"For which they long I'll place them in th' safety."
The Lord's promis's are pure, se'en times refined.
O Lord, us from such people you'll protect.
As vilen'ss is honored, th' wicked strut about.

## 13. Prayer for Deliverance from Enemies (sonnet)

O Lord, my God, how long must I tarry?
O Lord, will you forget me forever?
How long will you turn your face from me 'way?
Torment in my soul how long must I bear,
And have sorrow i' my heart all day prolonged?
How long will my foe over me prevail?
Ponder and answer me, O lord, my God;
Give light to my eyes, or sleep i' death I will;
Then my en'mies will say, "Beat'n him we have."
And my foes will rejoice when I'm shaken.
But I have trusted i' your unfailing love;
My heart shall gladden in your salvation.
Sing to the Lord, because he will save me.
Praise to God, he's dealt bountifully wi' me

#### 14. Denunciation of Godlessness (sonnet)

To themselves fools say "There is no God!"
Corrupt and vile, they've done terrible things;
Looks down from heaven at mankind the Lord
To see any who trust i' God and be wise.
All have turned 'side, tog'ther become corrupt

#### 12. 求助的祈祷 (商籁体)

好人无有求主助; 世间诚信人绝断。 人向邻舍说谎语; 口舌油滑行欺骗。 诌媚口舌感之时, 愿主剪除夸口舌胜, 愿主剪除"以舌胜, 不管言欲人难遏。 主言"起身护他辈, 置他切慕稳妥地。" 如银七炼主言贵。 主护吾侪无他侵, 下流得荣恶纷纶。

# 13. 求神眷顾 (商籁体)

主啊,吾候何许? 忘吾主会永远? 掩面主吾不顾? 心内痛苦熬心? 仇敌苦在心? 仇敌君唇应允; 赐光免吾睡亡,免敌言他"获胜。" 敌因吾败欢恩圣; 克故宫主之心乐为喜。我言之心来为言为主教,为主为事则别。

#### 14. 愚顽人的罪 (商籁体)

愚顽言说:"无神。" 邪恶行事可恶; 俯天主视世人, 明智信主有无。 歧途恶均变坏,

无一行事良善。 None of them does good, not a single one. 作孽无视学乖, Will ev'ldoers never learn and ign'rant, 未祈食人当饭? D'vour people as bread, and don't call th' Lord on? 恶徒极度惊恐, There th' evildoers shall be i' great terror, 神在义人族类。 For God is among those who him obey. 犯罪挫败人穷, You offenders frustrate the plans of th' poor, But the Lord is their refuge of safety. 主为避难堡垒。 锡安救恩以国! Oh, comes out o' Zion, th' salvation for Israel! Jacob will rejoice, be glad Israel will. 以国欢喜快乐。

#### 15. Description of Citizen of Zion

Lord, who may enter your sacred temple?
Who may worship on Zion, your holly hill?
He who obeys God and 'lways does what's right,
Who speaks the truth from th' bottom o' his heart
And has no sland'r and scandal on his tongue,
Who does his fellowman and neighb'r no wrong.
Those who fear th' Lord he hon'rs, th' sinful he hates,
He keeps his promis's even when it hurts.
Money used not at int'rest or 'gainst th' pure.
He who lives like that will always be s'cure.

# 15. 得居圣山者的品行

主啊,谁能进祢殿? 谁能拜锡安圣山? 从主正直行公义, 秉性忠厚讲真理。 舌无谗言无诽谤, 友朋邻舍无中伤。 厌憎罪恶主敬畏, 践行誓言亏无悔。 钱非取利害纯真。 如此做人永安稳。

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# Acknowledgments

The publication of the poems is financial aided by Mr LI Qi-bing, the President of Same International Biological Products Ltd.